



## FAQ's for Girls Golf Rocks Participants

### **WHAT SHOULD I WEAR AT A GIRLS GOLF ROCKS SESSION?**

You can wear what you like as long as it's comfy and keeps you warm or cool depending on the weather! Trainers are fine for footwear.

### **What else do I need to bring to a session?**

Remember to bring a bottle of squash or water, especially if the weather is hot because you will be outside. All equipment will be provided, but if you already have some clubs then feel free to bring them along.

### **How much will the sessions cost?**

The taster session is free. The six-week coaching course costs £35. You will need to pay via the online booking platform before the first session. Please note, no payments will be taken at the venue. The online payment will secure your place on the programme on a first come, first served basis.

### **How long will the taster session last?**

The taster session will run for one to two hours. This is a great chance to see if you enjoy golf before signing up to the six-week coaching course.

### **Do I need to attend a taster session before booking onto the six-week course?**

You don't need to attend the taster session, but you do need to book online to secure your place for the coaching session.

### **How long will the coaching course last?**

The coaching course will last six weeks. Every week there will be a one-hour coaching session. The last session will be out on the course. The sessions will be:

- FUN!
- Focus on team/group-based activity
- Include a variety of fun, golf challenges
- Encourage social time for all participants

### **What time do you arrive for the sessions?**

Please arrive 10 – 15 minutes before the stated time on the online booking.

### **Will photos be taken at the sessions?**

Photographs may be taken for promotional purposes. When you place your order online you will be asked to provide photographic consent.

### **Who will be delivering the programme?**

Every golf club putting on a Girls Golf Rocks session will have England Golf's SafeGolf accreditation. Each club has also been reviewed against criteria which England Golf and The Golf Foundation deem necessary for their selection. Clubs also meet the following safeguarding requirements:



- PGA professionals are PGA DBS accredited have attended a Safeguarding and Protecting Children workshop within the last three years
- Safeguarding and Protecting Children policies and procedures are in place and have been adopted and reviewed within the last three years
- Club Welfare Officer in position having attended a Safeguarding Protecting Children workshop within the last three years

### **What happens after the six-week coaching programme?**

We are offering lots of ways to encourage you to progress with your golf. Just speak to the Professional leading the programme to find out what's on offer. There is no obligation to commit to these extras and there may be additional costs if you choose to participate in further programmes.

### **Get in touch**

If you have any other questions that aren't answered above, please email [girlsgolfrocks@englandgolf.org](mailto:girlsgolfrocks@englandgolf.org)

